



Pathways Through Fostering Health

activity sheet

It is recommended that the supervising social worker work through the questions below with the foster carer once they have read *Pathways Through Fostering – Health*. The questions will pull out the knowledge in the book that will help evidence the *Training Support and Development (TSD) Standards for Foster Care*.

It is recommended that the supervising social worker makes a note of the foster carer's response to the questions below, rather than just giving them the sheet to fill in. This is to ensure that there is a discussion about the book and the issues it has raised. The social worker should then be able to draw out any issues that arise and discuss any concerns the foster carer may have.

The circles in the answer box reference the *TSD Standards* covered. There is an appendix in the book itself which indicates the main areas in which each of the standards below is covered. You can download a copy of this from www.fosteringresources.co.uk

What do you understand to be the role of a foster carer in promoting good health in fostered children and young people?

2.1b

How could you help support the physical health needs of a child or young person you are fostering?

3.3a

3.3b

How could you help support the mental health needs of a child or young person you are fostering?

3.3a

How could you help support the emotional health needs of a child or young person you are fostering?

3.3a

How could you help support the sexual health needs of a child or young person you are fostering?

3.3a
3.3c
5.7a
5.7b

How could you, as a foster carer, help prevent substance misuse in young people you are fostering?

3.3c

What specific issues might you need to think about if you were fostering a child or young person with disabilities?

5.8b

What procedures should you follow if a child in your care requires medical treatment?

3.3e

Where would you go for further advice and support regarding health issues?

Is there any additional training or support you would like to help provide 'healthy care'?

7.4a