



## Appendix 3: The Training, Support and Development Standards for Foster Care

**The information in this section refers to foster carers in England only**

The *Training, Support and Development Standards for Foster Care* (hereafter referred to as the *TSD Standards*) were developed by the Children's Workforce Development Council (CWDC) and launched in 2007. The standards set out the skills and knowledge that newly approved foster carers need to have to be able to provide the care that fostered children and young people need. They have been designed to support foster carers from their initial training and assessment through their first year of fostering.

The *TSD Standards* recognise the importance of the work foster carers do and are intended to ensure that you have the best possible training, information and support. They acknowledge that you bring certain skills and knowledge to your role as a foster carer but, like any other professional, you need training and support to develop those skills. It is not about judging you and your abilities, it is about providing evidence of the skills you already have and making sure you are given the tools you need to understand what is involved in fostering so you can make a difference to the lives of those you will be caring for.

Every fostering service needs to be able to show that their foster carers have met the standards in their first 12 months as an approved foster carer. There are seven main standards, each one divided into a number of sub-standards. This book assumes a certain level of prior knowledge gained through completion of *The Skills to Foster* or other pre-approval training course and some or all of the other titles in the *Pathways Through Fostering* series.

This book will provide knowledge and understanding that will underpin the specific *TSD Standards* detailed on the chart opposite.



**Standard 1: Understand the principles and values essential for fostering children and young people**

**Standard 2: Understand your role as a foster carer**

1b Understand your own role and responsibilities	Chapter 1
4a Understand the concept of 'the foster care team' and your contribution to effective teamwork.	Chapter 4

**Standard 3: Understand health and safety and healthy care**

4b Know about the range of challenging behaviours presented by children and young people and how to encourage positive behaviour	All, particularly Section 2
4c Understand the need to manage challenging behaviour in a way that is safe without the use of physical or other inappropriate punishment and give examples from your work as a foster carer	All, particularly Section 1

**Standard 4: Know how to communicate effectively**

1a Demonstrate how you listen to and understand the wishes and feelings of children and young people	Chapter 2
5a Understand the importance of keeping accurate records	All, particularly Chapter 4

**Standard 5: Understanding the development of children and young people**

1b Understand child development and the developmental needs of children and young people	Section 2
1c Understand the difference between chronological age and stages of development, and how this might affect a child or young person	Section 2
6c Understand the impact of abuse, separation and loss on the behaviour of children and young people	Chapter 2

**Standard 6: Keep children and young people safe from harm**

**Standard 7: Develop yourself**

1a Understand the implications of your approval as a foster carer for yourself and your family	Chapter 3
4a Understand the need for continuing professional development and the ways in which it can improve your practice	Chapter 4 and Conclusion

This knowledge can be evidenced in a number of ways: through a conversation with your supervising social worker, completion of an 'activity sheet' or through completion of a face-to-face or online training course. Speak to your supervising social worker to discuss the methods of evidence that will work best for you.